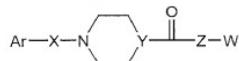


Abstract of the Disclosure

Compounds according to the formula:



and pharmaceutically acceptable salts, solvates or hydrates thereof; wherein group

- 5 Ar is optionally substituted ( $C_6$ - $C_{10}$ )aryl or ( $C_1$ - $C_9$ )heteroaryl; X is a direct link,  $-CH_2-$ ,  $-SO_2-$ ,  $-CO-$ ,  $-CHR^1-$  where  $R^1$  is ( $C_1$ - $C_6$ )alkyl, or  $-CR^1R^{1\prime}-$  where both  $R^1$  and  $R^{1\prime}$  are, independently, ( $C_1$ - $C_6$ )alkyl; Y is N or CH; and Z and W are as herein defined, and pharmaceutical compositions thereof, and methods useful to facilitate secretion of growth hormone(GH) in mammals.

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